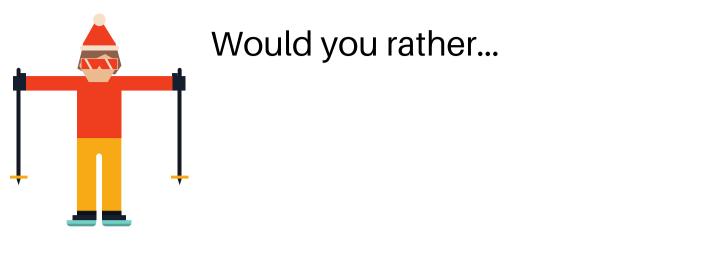




# Be a detective or a pilot?

Movement: Sideways Jumping Jacks



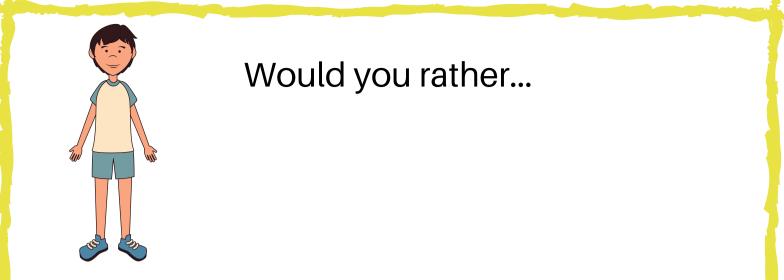
# Go skiing or go to a water park?

Movement: Lunges



# Play hide and seek or dodgeball?

**Movement: Grapevine** 



## Become 5 years older or 2 years younger?

**Movement: High Knees** 

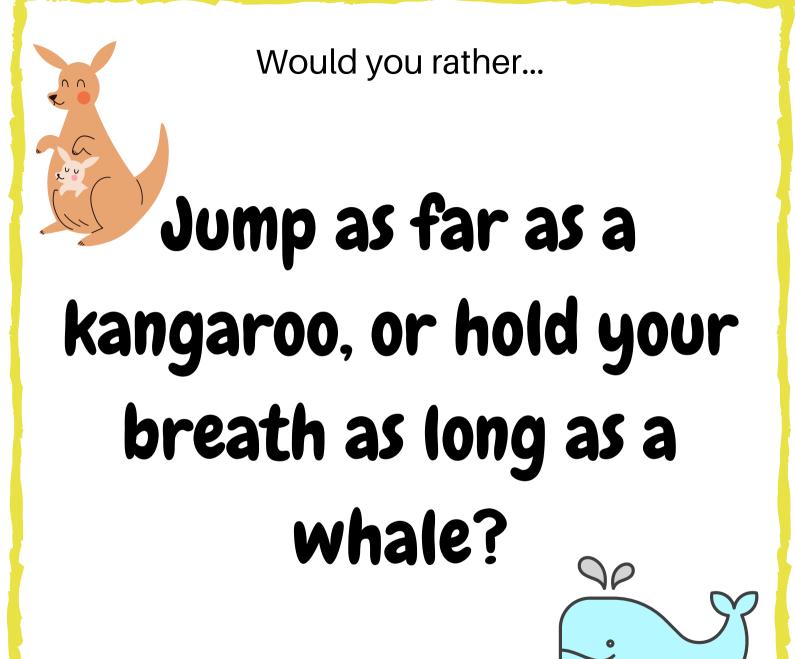


# Be a wizard or a superhero?

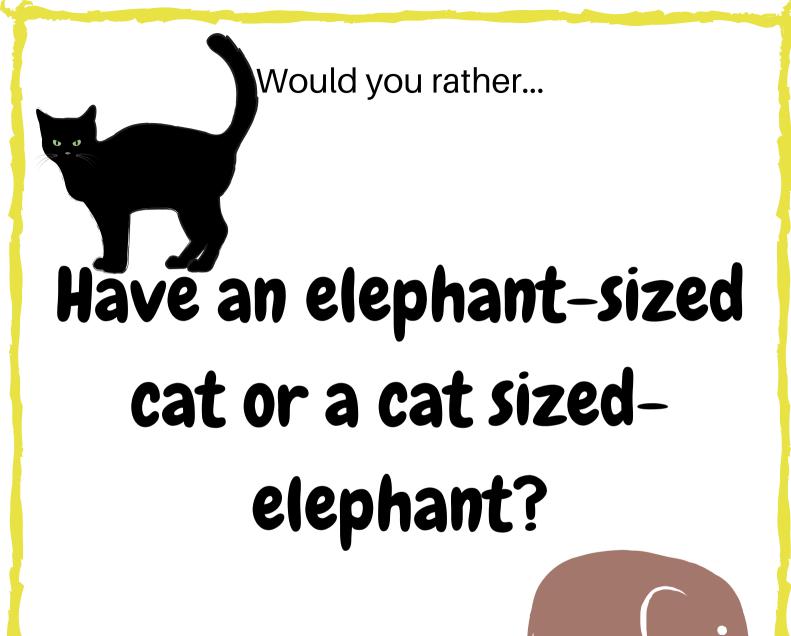
Movement: Wide Legs

## Brush your teeth with soap or sour milk?

**Movement: Frog Jumps** 



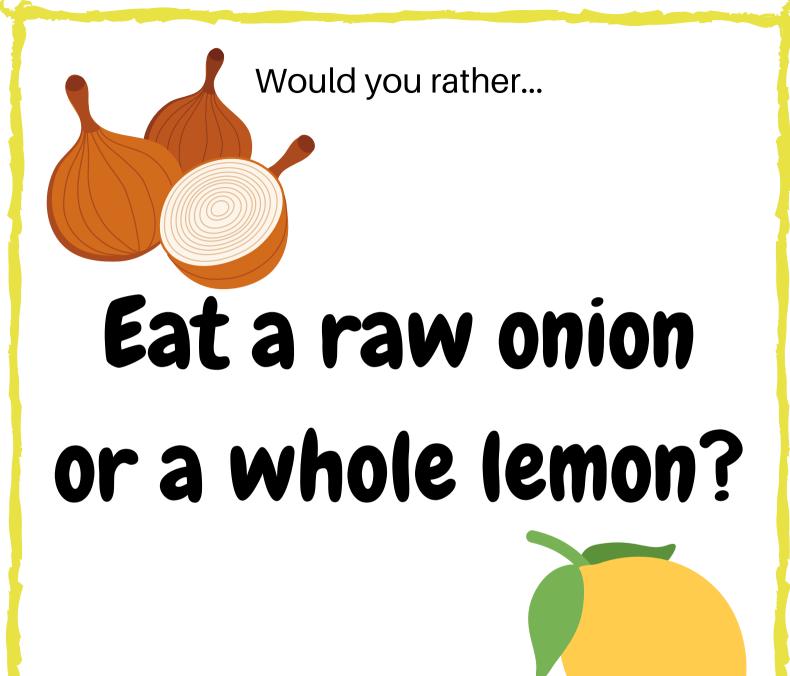
Movement: Jump like a kangaroo



Movement: Walk on all 4's

#### Complete in the Summer or Winter Olympics?

**Movement: Tippy Toes** 



**Movement: Donkey Kicks** 

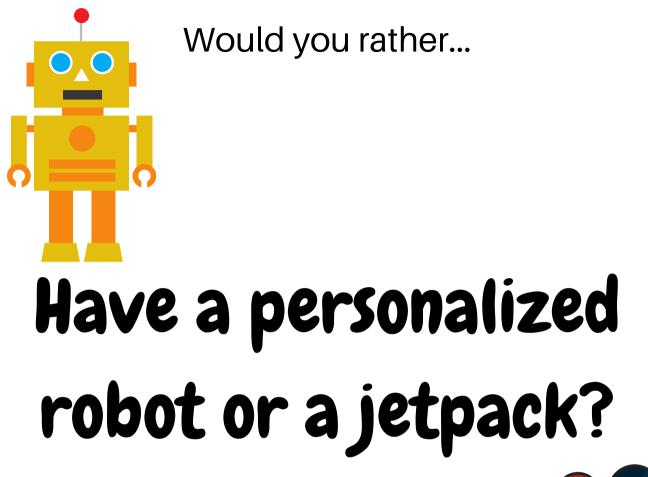
# See things that are very far away or see very small things?

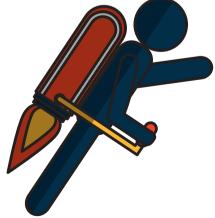
Movement: High kicks



#### Turn into a frog for a day, or a bird for a week?

Movement: Frog jumps





Movement: Side shuffles

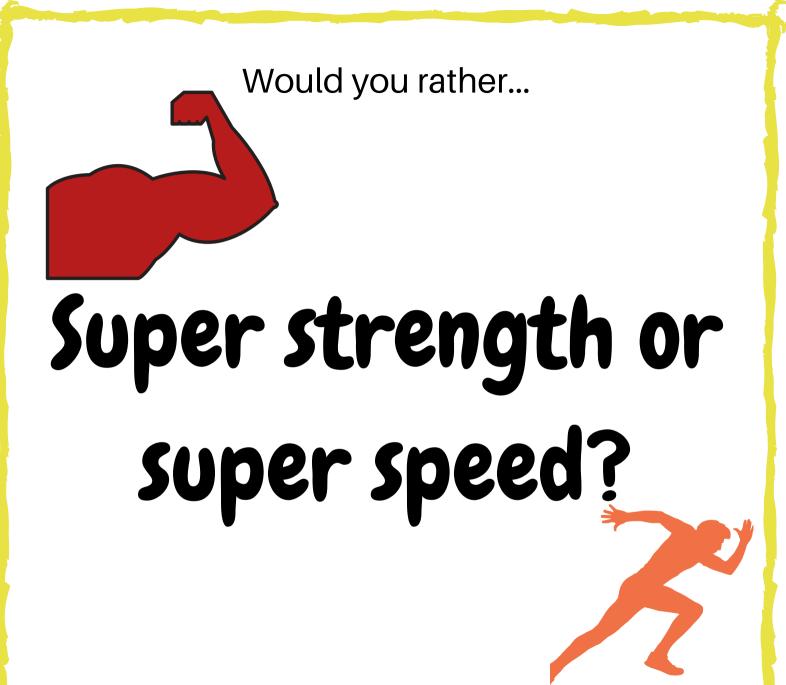




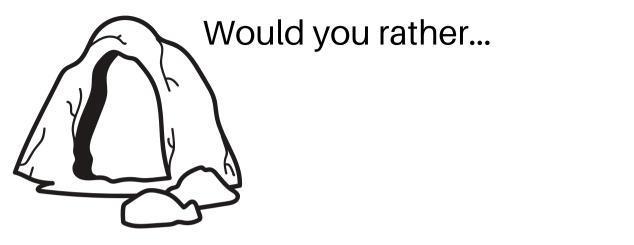
#### Never have to do homework or be paid to do your homework?



Movement: High knees



Movement: Lunges



## Live in a cave or in a tree house?

**Movement: Donkey Kicks** 





# Hamburger or Hotdog?

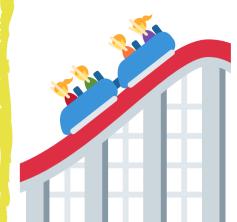


Movement: Squats



# Ice cream or cake?

**Movement: Tippy Toes** 



#### Live next to Canada's Wonderland or the zoo?

Movement: Crab Walk

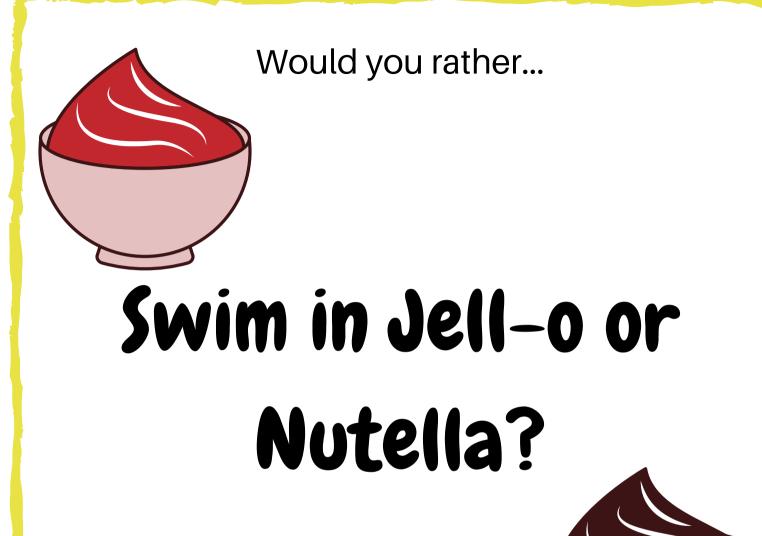


**Movement: Squats** 



### Drive a race car or fly a helicopter?

**Movement: Grapevine** 



**Movement: Lunges** 



#### Hangout with 10 puppies or 10 kittens?



**Movement: Donkey Kicks** 

#### Be able to breathe underwater or run on top of the water?

**Movement: Squat Jumps** 



#### Be the author of a best selling book, or star in a movie?

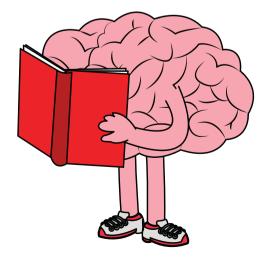
**Movement: Cross-country** 

Ski



#### Be able to fly or be able to read minds?

Movement: Sideways walking plank





#### Travel the whole world or travel through time?

**Movement: Cross country** 





#### Swim in the ocean with sharks or be stuck in a cage with a lion?

**Movement: Tippy toes** 





# It be Christmas everyday or your birthday everyday?

Movement: Walking Crunches



#### Be able to see through walls and walk through walls?

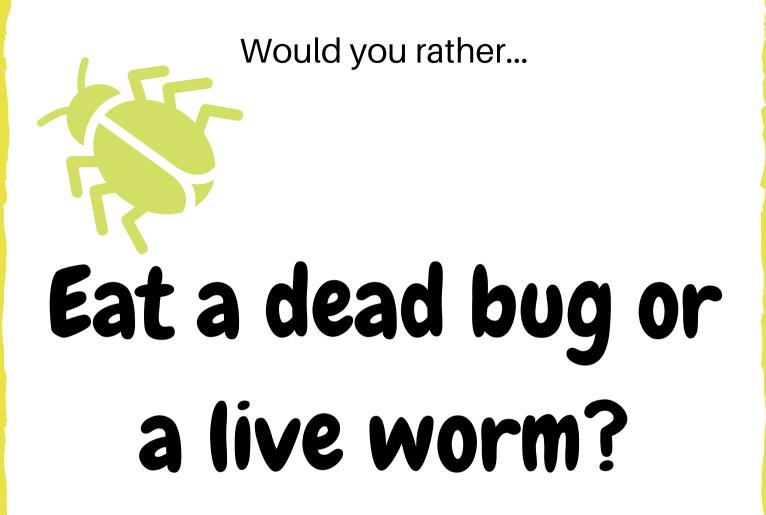


**Movement: Sumo Squats** 

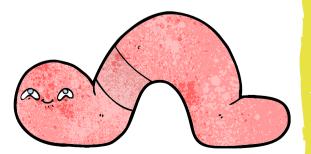


#### Have hands instead of feet, or feet instead of hands?

Movement: Walking on all fours



Movement: High knees





#### Have 3 months of Summer vacation or one week off each month?

Movement: Grapevine

# It be Summer all the time or Winter all the

time?

Movement: Sideways walking plank

#### Be able to talk to animals or listen to animals talk?

**Movement: Grapevine** 



# Travel anywhere in the world or live in a mansion?

Movement: Walking

lunges



#### Only drink hot drinks or only drink cold drinks?

Movement: High kicks



#### Only eat tacos or only eat pizza for the rest of your life?

Movement: Sideways Jumping Jacks



#### Live in the warm desert, or in the cool mountains?

**Movement: Burpees**